

Attribute	Value	18-25	26-30	over 30	Grand Total	satisfaction %
Diabetes is a disease that cannot be cured	correct	16			16	28.6%
	I don't know	11	1	4	16	28.6%
	mistake	24			24	42.9%
Diabetics who take medication do not need to organize meals	I don't know	2	1	4	7	12.5%
	mistake	49			49	87.5%
Did you attend an event about diabetes?	No	28	1	4	33	58.9%
	yes	23			23	41.1%
do you follow specific nutrition regime?	No	49	1	4	54	96.4%
	yes	2			2	3.6%
Do you have a relative with diabetes?	First-degree relatives	26			26	46.4%
	nothing	4	1	4	9	16.1%
	second-degree relatives	21			21	37.5%
Do you have diabetes?	No	50	1	1	52	92.9%
	not sure			3	3	5.4%
	yes	1			1	1.8%
Do you have information on how to get diabetes?	No	10	1	4	15	26.8%
	yes	41			41	73.2%
Eat a balanced diet	Always	15			15	26.8%
	never	10			10	17.9%
	Scarcely	8	1	4	13	23.2%
	sometimes	18			18	32.1%
Factors contributing to the occurrence of diabetes	heart disease	2			2	3.6%
	I don't know	3	1	4	8	14.3%
	Increased physical activity	2			2	3.6%
	Lack of physical activity	44			44	78.6%
Have you had your blood sugar level checked?	No	26	1	4	31	55.4%
	yes	25			25	44.6%
How long do you spend exercising?	I don't do sports	15	1	4	20	35.7%
	Less than 10 minutes	10			10	17.9%
	Less than 20 minutes	13			13	23.2%
	more than 20 minutes	13			13	23.2%
I am thinking of changing my lifestyle	Always	18			18	32.1%
	never	4			4	7.1%
	Scarcely	8	1	4	13	23.2%
	sometimes	21			21	37.5%
I practice sports	Always	10			10	17.9%
	never	15			15	26.8%
	Scarcely	10	1	4	15	26.8%
	sometimes	16			16	28.6%
I take into account the increase in my weight	Always	14			14	25.0%
	never	12			12	21.4%
	Scarcely	3	1	4	8	14.3%
	sometimes	22			22	39.3%
Is diabetes a non-communicable disease?	correct	49			49	87.5%
	I don't know			2	2	3.6%
	mistake	2	1	2	5	8.9%
Walking on a regular basis raises blood sugar levels	correct	1			1	1.8%
	I don't know	16	1	4	21	37.5%
	mistake	34			34	60.7%
<b>Grand Total</b>		<b>816</b>	<b>16</b>	<b>64</b>	<b>896</b>	<b>100.0%</b>